

# APPI REGIONAL SEMINAR

| LOULÉ

## REFRESH, RECHARGE, RESTART



30th September – 1st October 2022

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Escola Secundária de Loulé (Portugal)

## **‘Refresh, Recharge, Restart’**

On behalf of the APPI board, we wish you all a fruitful new school year with a wide range of opportunities for you to apply your energy and talent for dealing with a variety of teaching and broader educational situations involving both familiar and new students and staff. Should you focus on the three words that title this piece, these may well be taken by readers as an expression of suggestion, advice, invitation, and not, perish the thought!, of stating an order or a formal request, which have no place here!

With the above in mind, APPI provide you with the current professional development Seminar to help you “make it happen”; this is to be held at the Escola Secundária de Loulé on September 30<sup>th</sup> and October 1<sup>st</sup>, throughout twenty sessions – four 60-minute plenaries and sixteen 45-minute workshops/talks. These are to be offered by distinguished national and international speakers who will be focusing on a diversity of topics pertaining to the EFL teaching activity of all levels.

The APPI board hope delegates make the most of the Seminar motivating, dynamic, inspiring sessions in a friendly atmosphere. Like any other bigger or smaller professional development event planned by APPI, this event has been organised with hard work and great gusto, and aimed at making a difference in delegates’ classroom work and their students’ performance.

The Seminar has been accredited (*grupos de recrutamento* 120, 220, 330) by the CCPFC with 12 hours of accredited training.

A huge Thank-You is due to our member Maria João Soares who is also a member of the General Assembly, an APPIforma teacher trainer and a local teacher, and has liaised with her school board and APPI in order to make this Seminar happen.

APPI is also extremely grateful to the team of qualified speakers who have answered APPI’s call for participation at this Seminar. Thanks very much to all those involved both in the preparation and running of the event for their significant help and goodwill granted among the school leading team, helping teaching staff and students.

The APPI board wish delegates and speakers a high-quality, fruitful meeting.

*Alberto Gaspar*

## 30<sup>th</sup> September 2022

Reception to delegates and speakers opens at 13:00

Time	Room <i>Auditório</i>	
14:00 – 14:15	OPENING SESSION	
14:15 – 15:15	<i>Opening Plenary</i> <b>JOSÉ MOURA CARVALHO</b> Memory and English Language Learning: Some Theory, Some Strategies	
15:15 – 15:30	BREAK	
Time	<i>Auditório</i>	<i>Sala D0-02</i>
15:30 – 16:15	<b>HELENA LIBERATO</b> Digital tools for a refreshing comeback with #EstudoEmCasa@	<b>MARIA JOÃO SOARES</b> Putting Our Students' Brains to Work
16:15 – 16:45	COFFEE BREAK	
16:45 – 17:30	<b>JANEY GREGÓRIO</b> Assessment First, Why?	<b>JOSÉ MOURA CARVALHO</b> <b>TÂNIA CASTILHO</b> Mindfulness 101 – Balancing Work, Play and Life
17:30 – 17:45	BREAK	
Time	Room <i>Auditório</i>	
17:45 – 18:45	<i>Plenary</i> <b>RÓMULO NEVES</b> Practical tips and tricks to develop inclusive practices	

# 1<sup>st</sup> October 2022

Reception opens at 08:30

Time	Room	Auditório
09:00 – 10:00	<i>Plenary</i> <b>CERI JONES</b> Ecoliteracy – just another buzzword?	
10:00 – 10:15	BREAK	
Time	Auditório	Sala D0-02
10:15 – 11:00	<b>CLAIRE STEELE</b> Challenge and Cognition: Increasing the level of challenge.	<b>HELENA OLIVEIRA</b> Their Voice Matters
11:00 – 11:30	COFFEE BREAK	
11:30 – 12:15	<b>CARLOS LINDADE</b> The American School System: Insights in Equity and Educational Leadership	<b>FILIPA DUARTE</b> Some creative ideas and projects for the new school year
12:15 – 12:30	BREAK	
12:30 – 13:15	<b>VIRGINIA VINUESA BENÍTEZ</b> Make it practical!! Speaking activities and games for the EFL classroom	<b>SANDIE MOURÃO</b> Refreshing your selection criteria: picturebooks for citizenship education in English
13:15 – 14:30	LUNCH	
14:30 – 15:15	<b>XAVIER GISBERT da CRUZ</b> Foreign languages in Spain. EFL and bilingual education.	<b>ANA NUNES</b> Using picturebooks to promote ICE – a practical example
15:15 – 15:30	BREAK	
15:30 – 16:15	<b>RÚBEN CORREIA</b> You do your thing and I do mine – going counter to popular folk-knowledge	<b>HELENA SOARES</b> TEAM –Together Everyone Achieves More
16:15 – 16:45	COFFEE BREAK	
16:45 – 17:30	<b>JOÃO RODRIGUES</b> Language learning influencers – how can they help us?	<b>DILA GASPAR</b> Replay, revise, renew
17:30 – 17:45	BREAK	
Time	Room	Auditório
17:45 – 18:45	<i>Closing Plenary</i> <b>SANDIE MOURÃO</b> Refresh, recharge, restart and re-associate... picturebooks are for all learners!	
18:45	CLOSING SESSION	

# 30<sup>th</sup> September | 14:00 > 18:45

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14:00 > 14:15

Opening Session: *Auditório*

14:15 > 15:15

Opening Plenary: *Auditório*

**José Moura Carvalho | APPI**

## **Memory and English Language Learning: Some Theory, Some Strategies**

Memory is of paramount importance when learning a language, as English language teachers well know. In this session, we will first address how human memory works and will then delve into four different strategies that may help students increase their English language proficiency.

| **Plenary** – Methodology – Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18 |

15:15 > 15:30 – Break

15:30 > 16:15

*Auditório*

**Helena Liberato | #EstudoEmCasa Apoia**

## **Digital tools for a refreshing comeback with #EstudoEmCasa@**

New school year, new strategy! Using computers and the internet in a classroom is no longer something new. But, how about using an appealing, up-to-date, dynamic, and innovative communication strategy to attract students into a new approach to English contents? This is what I want to share with you.

| **Talk** – Methodology, Materials Development – Basic school teachers (2nd/3rd cycles); Secondary school teachers - sts' age:15/18 |

15:30 > 16:15

*Sala D0-02*

**Maria João Soares** | Escola Secundária de Loulé / APPI

### **Putting our Students' Brains to Work**

We will try to depart from a few misconceptions on how our brains work to new trends on methodology which might trigger a full self-commitment to the process of learning with the help of a few hints on self-learning, so that we can help our students learn better not harder.

| **Talk** – Methodology, Classroom activities, Teacher Training – Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18, Teachers of adults |

16:15 > 16:45 – Coffee Break

16:45 > 17:30

*Auditório*

**Janey Gregório** | Leirilivro, Lda., Direção Regional da Educação e Administração Educativa da RAA

### **Assessment First, Why?**

In this session we will hopefully answer this question and understand why we should look at assessment before anything else. We will also look at an assessment rubric design that aids both teachers and students focus on what is essential in the learning process to promote success.

| **Talk** – Methodology, Materials Development – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18 |

16:45 > 17:30

*Sala D0-02*

**José Moura Carvalho & Tânia Castilho** | APPI Mindful EFL SIG

### **Mindfulness 101 – Balancing Work, Play and Life**

Introducing a few simple guidelines for the regular incorporation of Mindfulness as one of our daily routines, making it easy to implement, develop and enjoy. This session includes Mindfulness practice.

| **Workshop** – Mindful EFL SIG – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18, Teachers of adults |

17:30 > 17:45 – Break

17:45 > 18:45

Plenary: *Auditório*

**Rómulo Neves** | EB 2, 3 Dr. Horácio Bento de Gouveia (Funchal) / APPI

### **Practical tips and tricks to develop inclusive practices**

This practical talk is definitely relevant as we will explore effective ideas for helping teachers build confidence in promoting inclusive practices. We'll look at the Universal Design for Learning, Inclusive Practices and Flexibility. Join me to discuss the importance of diversity and differentiation in the classroom.

| **Talk** – Methodology, Inclusion – Basic school teachers (2nd/3rd cycles); Secondary school teachers - sts'  
age:15/18 |

# 1<sup>st</sup> October | 09:00 > 18:45

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09:00 > 10:00

Plenary: *Auditório*

**Ceri Jones** | ELT Footprint

## **Ecoliteracy – just another buzzword?**

What is ecoliteracy? Just another buzzword or a valid framework for course development? Does it have a place in ELT? How can it help teachers structure their lessons and learners develop new skills? These questions and more will be addressed in this session. Come and take part in the conversation!

| **Plenary** – Methodology, Classroom activities, Materials development – ALL |

10:00 > 10:15 – Break

10:15 > 11:00

*Auditório*

**Claire Steele** | eltonix

## **Challenge and Cognition: Increasing the level of challenge.**

To better challenge our young learners, and appeal to different abilities in the classroom, teachers can incorporate mastery and development tasks in lessons, use effective teacher questioning, and encourage students to choose their level of challenge to foster a sense of progression. Join this interactive talk to find out how.

| **Talk** – Methodology, Classroom activities, Teacher Training – Basic school teachers (2nd/3rd cycles); Secondary school teachers - sts' age:15/18 |

10:15 > 11:00

*Sala D0-02*

**Helena Oliveira** | Colégio Moderno / APPI

## **Their Voice Matters**

In this session we're going to look at several relevant speaking activities to be carried out in the classroom with our students (whole class, small groups and pairs). Speaking does not have to be the elephant in the room any longer.

| **Talk** – Classroom activities, Materials development – Secondary school teachers - sts' age:15/18 |



11:00 > 11:30 – Coffee Break

11:30 > 12:15

*Auditório*

**Carlos Lindade** | Faculdade de Letras da Universidade do Porto (FLUP)

### **The American School System: Insights in Equity and Educational Leadership**

The American School System is a somewhat complex landscape of challenges and opportunities. While located in a different continent, there are interesting imbrications with the Portuguese educational system. This talk aims to share insights on topics of Equity and Educational Leadership focusing on lessons learned through my experience in California.

| **Talk** – Teacher Training – Basic school teachers (2nd/3rd cycles); Secondary school teachers - sts' age:15/18 |

11:30 > 12:15

*Sala D0-02*

**Filipa Duarte** | Freelance

### **Some creative ideas and projects for the new school year**

Back to school. Already! A new school year full of emotions: stress, fear, relief, happiness, joy... How can we make sure this school year is a good one? I'm betting on creative lesson ideas and projects students will enjoy doing and so will we.

| **Workshop** – Classroom activities, Materials development – ALL |

12:15 > 12:30 – Break

12:30 > 13:15

*Auditório*

**Virginia Vinuesa Benítez** | Universidad Rey Juan Carlos (Spain)

### **Make it practical! Speaking activities and games for the EFL classroom**

In the EFL classroom, oral fluency is a skill that needs consistent practice to see noticeable progress. In this workshop we will present some activities and games to improve students' communicative skill in the EFL classroom. The activities involve group and pair work, which motivate students and encourage active learning. They will help develop fluency, practice with grammar and vocabulary and having fun at the same time.

| **Talk** – Teacher Training – Basic school teachers (2nd/3rd cycles); Secondary school teachers - sts' age:15/18 |

12:30 > 13:15

*Sala D0-02*

**Sandie Mourão** | CETAPS – Universidade Nova de Lisboa

### **Refreshing your selection criteria: picturebooks for citizenship education in English**

This interactive session will look at a range of picturebooks that can help you bring citizenship education into your English lessons. Sharing some of the teacher resources developed through the Erasmus+ ICEPELL project, I will walk you through our ICEPELL selection criteria and help you reconsider which picturebooks to take into your classrooms and why.

| **Workshop** – Methodology, Classroom activities, Materials development – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18 |

13:15 > 14:30 – Lunch

14:30 > 15:15

*Auditório*

**Xavier Gisbert da Cruz** | Asociación Enseñanza Bilingüe (Spain)

### **Foreign languages in Spain. EFL and bilingual education.**

This session will give a general overview of foreign languages in mainstream education in Spain and will analyse the implications of implementing Bilingual Education and the benefits it provides to schools, teachers and students.

| **Talk** – Foreign Languages – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18 |

14:30 > 15:15

*Sala D0-02*

**Ana Nunes** | Agrupamento de Escolas de Santo André, APPInep SIG

### **Using picturebooks to promote ICE – a practical example**

In this session, we will reflect on the use of picturebooks to develop Intercultural Citizenship (ICE) in the language classroom and see how a picturebook was used to develop a teaching pack (ICEKit) of activities to be implemented with 2nd CEB students. We will also look at some picturebooks to discover which topics could be addressed with our students and what type of activities and projects they could prompt.

| **Workshop** – Classroom activities, Materials development – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15 |

15:15 > 15:30 – Break

15:30 > 16:15

*Auditório*

**Rúben Correia** | CETAPS – Universidade Nova de Lisboa

### **You do your thing and I do mine – going counter to popular folk-knowledge**

Partially based on my PhD, in this talk I will discuss: a) – the importance of making research accessible to teachers, b) – the most significant findings of my own research on oral proficiency, and c) – the concept of intelligibility whilst offering some practical suggestions for a more effective work on speaking and pronunciation.

| **Talk** – Methodology, Classroom activities, Teacher Training – Basic school teachers (2nd/3rd cycles) |

15:30 > 16:15

*Sala T002*

**Helena Soares** | Agrupamento de Escolas Padre António Martins de Oliveira (ESPAMOL) / APPInep SIG

### **TEAM – Together Everyone Achieves More**

CLIL and bilingual education allow pupils to develop their communication skills, become more effective language learners and interact meaningfully. In this workshop, we will look at activities which show that when different subjects and teachers work Together, Everybody Achieves More.

| **Workshop** – Methodology, Classroom activities – Kindergarten/Primary teachers (1st cycle) |

16:45 > 17:30

*Auditório*

**João Rodrigues** | Instituto Politécnico de Beja

### **Language learning influencers – how can they help us?**

In a digital world dominated by social media, one can undoubtedly say that influencers have become part of most of our students' daily life. Bearing this in mind, this session will highlight the role of education/language learning influencers and explore how their presence can be optimised in language courses.

| **Talk** – Methodology, Classroom activities, Materials development – Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18, Teachers of adults |

16:45 > 17:30

*Sala D0-02*

**Dila Gaspar** | Freelance / APPInep SIG

### **Replay, revise, renew**

Need some practical ideas for the start of this school year? In this session we will be looking at ideas for routines, warmers, fillers and finishers aimed at primary levels. We will replay games, revisit and revise some content and (hopefully) renew our bank of activities!

| **Workshop** – Classroom activities – Kindergarten/Primary teachers (1st cycle) |

17:45 > 18:45

Closing Plenary: *Auditório*

**Sandie Mourão** | CETAPS – Universidade Nova de Lisboa

**Refresh, recharge, restart and re-associate... picturebooks are for all learners!**

Picturebooks tend to be associated with younger learners, however, in this talk I will help you rethink your associations and demonstrate that picturebooks are suitable for teachers and their learners of all ages, from pre-primary through to secondary education. Showing different inspirational picturebooks (and some of my favourites!), I will demonstrate how picturebooks can go beyond supporting language development, to include critical thinking and intercultural understanding.

| **Plenary** – Methodology, Classroom activities, Materials development – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) - sts' age: 10/15, Secondary school teachers - sts' age:15/18 |

18:45

Closing session: *Auditório*

# SPEAKERS' BIODATA

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**Ana Nunes** has a degree in Modern Languages and Literatures - English/German, Complementary Studies in teaching English to 1st CEB and Post-Graduate Studies in School Libraries. She teaches English to 1st, 2nd and 3rd CEB, and also in Pre-primary. She is a school librarian and a member of the APPI Executive Board.

**Carlos Lindade** is a Portuguese Canadian ELT professional who has been heavily involved in teacher training and writing course material for Portuguese EFL students (U Dare 9, 2015; Stars 4, 2016). As of September 2022, he is lecturing full-time in the Faculty of Letters of the University of Porto (Portugal).

**Ceri Jones** is one of the founding members of ELT Footprint, an online teacher's community dedicated to raising awareness of environmental issues in the English classroom. She is a teacher, teacher educator, online tutor and materials writer based in the South of Spain. She is currently interested in developing accessible, practical teaching frameworks that support classroom teachers as they address ecoliteracy in the language classroom.

**Claire Steele** has worked in ELT as a teacher, trainer, manager and consultant worldwide. She's interested in student-centred learning, fostering creativity and critical-thinking in the classroom, and adapting materials to create a more dynamic and engaging learning experience. She is co-founder of [eltonix \(https://eltonix.com/\)](https://eltonix.com/), an online teacher development and mentoring service.

**Dila Gaspar** has a degree in Portuguese/English, a CELTA qualification and a Post-graduate degree in English Studies. She is a teacher and a teacher trainer and has been teaching English to all ages and levels since 2002. She is interested in using stories and arts & crafts in the classroom and is a translator of children/teen books.

**Filipa Daniela Duarte** has a degree in LLM – Portuguese/English and a MA in Educational Science. Filipa has been teaching VYLs, YLs, teens and adults for more than a decade. She is particularly interested in storytelling, teacher training, methodology and materials development.

**Helena Liberato** holds a degree in Modern Languages and Literature (Portuguese/English), has been teaching English since 2006, mainly to VET course students, and took on the positions of pedagogical coordinator and director from 2013 to 2019. In 2020, she embraced the project #EstudoEmCasa as a coordinator and content creator.

**Helena Oliveira** holds a degree in Modern Languages and Literature, and a master's degree in English Didactics. She is particularly interested in teacher training, methodology, and materials development. She teaches 9–17 year-old students at Colégio Moderno (Lisboa).

**Helena Soares** is a teacher with experience in all levels, from very young learners to university students, an accredited teacher trainer and coursebook author. Currently working with APPI and AE ESPAMOL, Algarve, in a Bilingual School (PEBI). Particularly interested in CLIL / bilingual education, multiple intelligences and using technology in the classroom.

**Janey Gregório** is a teacher & teacher trainer, editorial consultant for Leirilivro, Lda. Coordinated PACIS XXI until August 2022, in the Azores, dedicated to promoting equitable and quality English language teaching, learning and assessment, through curriculum design and implementation, grades 1 to 6. Now coordinates *Ensino Bilingue Português/Inglês (EBPI)* in the Azores.

**João Rodrigues** holds a PhD in Literary, Cultural and Interartistic Studies from the University of Porto and has worked mainly as a teacher of English and German in higher education.

**José Moura Carvalho** has been a teacher trainer for over 30 years. His current interests involve the cognitive, social and emotional elements that hinder or foster English language proficiency. He is the President of the APPI General Assembly and has been involved, along with other APPI colleagues, in setting up the Mindful EFL SIG.

**Maria João Soares** is a Secondary School Teacher, and Teacher Trainer for APPIFORMA, with long teaching experience at all levels of compulsory education plus young learners and adults; post-graduate in the areas of English and Portuguese Literatures and in School Administration; a regular session contributor for APPI Conferences and Seminars.

**Rómulo Neves, or Rom** tends to be a man that cannot sit still for long... That's why he works as a teacher of English and Special Educational Needs and also as a teacher at the University. Based in Madeira Island, he is passionate about Education, and strongly believes that we, as teachers, can change the world! He is the APPI Madeira Regional Coordinator.

**Rúben Constantino Correia** is a Portuguese/English lower secondary teacher and CETAPS researcher. He holds a teaching degree from the Algarve University and a Master's in English and North-American Studies from FCSH. He recently completed his PhD in FL Methodology at FCSH with the thesis "Can We Speak? – Approaching Oral Proficiency in the EFL Classroom".

**Sandie Mourão** is a research fellow (CETAPS, FCSH) at Nova University Lisbon, with over thirty years of experience in the field of ELT. She is passionate about all things related to the classroom, with a particular interest in early language learning, picturebooks in language education, assessment issues, intercultural education and classroom-based research.

**Tânia Castilho** has been involved in EFL for 40 years, be it as a student, a language school creative director or teacher. Her InPassion Coaching project is now her sole dedication. Through it she shares mindfulness through Conscious Breath, is an inspirational international author (T. C. Aeelah) and speaker and provides mentorship around living a sustainable and fulfilling life in the Here and Now.

**Virginia Vinuesa Benítez** holds a degree in English Philology from the University of Granada and PhD from the Universidad Rey Juan Carlos. She has developed her professional career at all levels of education, from Early Childhood Education to University Education, both in Spain and in the United Kingdom. Her research and teaching have focused on the field of Bilingual Education (CLIL), and Teaching English as a Second Language. She has actively participated in the methodological training of teachers at bilingual schools from the Regional Government of Madrid, teaching courses on CLIL.

**Xavier Gisbert da Cruz** holds a degree in French Philology. He has served in the Spanish Government at Regional and National level. He was appointed as Counselor of Education at the Spanish Embassy in London and later in Washington. He has been responsible for the implementation of the Bilingual Program in Primary and Secondary Education in the Region of Madrid. At present he is the President of the Spanish Association for Bilingual Education ([www.ebspain.es](http://www.ebspain.es)).

## APPIFORMA

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A **Oferta de Formação** e o **Plano de Formação acreditada** para 2022/2023 estão disponíveis no [website da APPI](#).

Para contratualização, calendarização e localização de ações de formação e outro tipo de informação é favor contactar Sónia Ferreirinha, Diretora de APPIforma, para: [appiforma@appi.pt](mailto:appiforma@appi.pt) ou Tlm: 96 957 0805



# GENERAL INFORMATION

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## Seminar venue

The Seminar is taking place in:

**Ground Floor**

## Reception desk

– it opens at 13:00 in **Ground Floor (30th)**

– it opens at 08:30 in **Ground Floor (1st)**

## Bookshop and ELT Resources Exhibition

(Ground Floor)

Livraria Britânica

Education Group

## Lunch on 12/03

– lunch break: 13:15 – 14:30

– plenty of cafes and restaurants close to the school

## Coffee breaks

– at the school bar (Ground Floor)

## Parking

– outside the school

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The Conference will be accredited (*grupos de recrutamento 120, 220, 330\**) by the CCPFC with **25 hours of accredited training.**

(\* Relevando na dimensão científica e pedagógica para efeitos de progressão em carreira dos Professores dos grupos de recrutamento mencionados - artigo 9º do Regime Jurídico da Formação Contínua).

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# THANK YOU

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## APPI would like to express their thanks to:

Escola Secundária de Loulé

Alunos dos cursos de Restauração-Restaurante-Bar e Cozinha-Pastelaria (10.º, 11.º e 12.ºanos)

Alunos do curso de Turismo do 11º e 12º ano

Professores da Escola Secundária de Loulé: Carla Janeira, Flora Silva, Maria José Moreira e Patrícia Carvalho, Miguel Coelho e Ricardino Mendes

Asociación Enseñanza Bilingüe

Agência Nacional Erasmus+

Câmara Municipal de Loulé

All speakers

All school staff

All delegates

All exhibitors

The Seminar helping team

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