

APPI

Regional SEMINAR | Póvoa de Varzim

Boosting Learners' Success:



Motivating and Empowering Students

13-14 October 2023

Escola Secundária Eça de Queirós

“Boosting Learners’ Success: Motivating and Empowering Students”

Welcome to the APPI Regional Seminar “Boosting Learners’ Success: Motivating and Empowering Students”, welcome to our first professional development meeting of teachers of English in 2023 – 24.

This Seminar has been accredited by the *Conselho Científico-Pedagógico da Formação Contínua* – a total of 12 accredited hours to be granted to delegates.

The Seminar key topic is **“Boosting Learners’ Success: Motivating and Empowering Students”** and it may invite delegates, speakers and organisers to discover and share effective strategies which will motivate them to:

- Learn practical techniques to boost learners' success
- Explore the importance of creating a positive learning environment
- Gain insights into fostering student engagement and intrinsic motivation
- Develop tools to enhance student self-esteem and self-efficacy

To this effect, our speakers, who have answered APPI’s call for the Seminar, have been kindly invited to develop this topic as they see suitable, particularly by sharing their perspectives on it. APPI is most thankful to them for their dedication.

This Seminar has been made possible thanks to the generous support of *Escola Secundária Eça de Queirós, Agência Nacional Erasmus +, Leirilivro and Câmara Municipal da Póvoa de Varzim*.

And a warm Thank-You is also due to our local member Adelaide Abade and our colleague and APPI member Carlos Lindade who have liaised with the school Board and APPI.

The APPI Executive Committee wishes delegates and speakers a high-quality, fruitful and empowering Seminar.

Sónia Ferreirinha

13th October 2023 – Friday

Reception to delegates and speakers opens at 13:00

Time	Auditorium	
14:00 – 14:20	OPENING SESSION	
	<i>Plenary 1</i>	
14:20 – 15:20	CHAZ PUGLIESE How Teaching Creatively can impact Motivation	
15:20 – 15:30	BREAK	
Time	Auditorium	Room 1
15:30 – 16:15	NICOLAS HURST In at the deep end	SARAH NARCISO The Storybox and The Carousel
16:15 – 16:45	COFFEE BREAK	
16:45 – 17:30	ANDREW SAMPSON Cognitive Discourse Functions in CLIL: developing and trialling assessment rubrics	SUSANA FERREIRA Unlocking Learning: The Power of Educational Escape Rooms in Language Teaching
17:30 – 17:40	BREAK	
Time	Auditorium	
	<i>Plenary 2</i>	
17:40 – 18:40	SEA (CLAIRE) STEELE Learning to look: Using visual literacy skills in the classroom	

14th October 2023 – Saturday

Reception to delegates and speakers opens at 08:30

Time	Auditorium	
09:00 – 10:00	<i>Plenary 3</i> ANNA PIRES Can I have your attention, please?	
10:00 – 10:15	BREAK	
Time	Auditorium	Room 1
10:15 – 11:00	ANABEL REIS ALVES The ugly duckling – writing – a neglected skill?	HELENA OLIVEIRA Creating connections & fostering learning
11:00 – 11:30	COFFEE BREAK	
11:30 – 12:15	CHAZ PUGLIESE Helping students stay focused – part 1	ANA NUNES DILA GASPAR Motivating and engaging VYL
12:15 – 12:30	BREAK	
12:30 – 13:15	CHAZ PUGLIESE Helping students stay focused – part 2	HELENA MOTA LOPES Take 10 to talk!
13:15 – 14:30	LUNCH	
14:30 – 15:15	RÓMULO NEVES MSAI – excuse me, what?...	SANDRA LUNA Raising Phoenix: Empowering Strategies for Challenging Students
15:15 – 15:30	BREAK	
15:30 – 16:15	SHAWN SEVERSON Picturebooks 4 Teens	ADELAIDE ABADÉ DIANA GOMES Empowering Tomorrow's Educators: A Collaborative Journey between ESEQ & FLUP
16:15 – 16:45	COFFEE BREAK	
16:45 – 17:30	CARLOS LINDADE Empowering EFL Learners through Service Learning	
17:30 – 17:40	BREAK	
Time	Auditorium	
17:40 – 18:40	<i>CLOSING PLENARY</i> TALLMAN THEATRE Motivating your students to talk more English!	
18:40	<i>CLOSING SESSION</i>	

13th October | 14:00 > 18:40

14:00 > 14:20

Opening Session: *Auditorium*

14:20 > 15:20

Opening Plenary: *Auditorium*

CHAZ PUGLIESE | The Creative Teaching Hub

How Teaching Creatively can impact Motivation

Creativity is the cluster of skills we use to produce a pedagogical idea that is both original and valuable. Creativity is not an add-on, an optional extra, it is rather, a must, in that it helps us conceive strategies and design activities to help us deal with the great diversity that governs our group. In this talk we will look at ways we can develop our creative potential so that we can boost our students' motivation, as well as our own.

| **Plenary** – Methodology, Classroom activities, Teacher Training – ALL |

15:15 > 15:30 – Break

15:30 > 16:15

Auditorium

NICOLAS HURST | Associação Luso-Britânica do Porto and CETAPS

In at the deep end.

Let's explore the ways in which we should approach the notion of what 'understanding' and 'learning' mean. How can we help our young adult learners be successful at communication, critical thinking, being creative and collaborating with their peers and teachers and engage in an empowering 'partnership for learning'?

| **Talk** – Methodology – Secondary school teachers – sts' age:15/18, Teachers of adults |

15:30 > 16:15

Room 1

SARAH NARCISO | Freelance

The Storybox and The Carousel

This session will explore using the 'storybox', to foster speaking in young learners. To help teachers organise their classrooms into groups and understand the carousel and jigsaw method of classroom

management. Art allows children to use and develop many important skills, including imagination and language development. Let's nurture their imaginations!

| **Workshop** – Classroom activities, Materials development, Teacher Training – Kindergarten/Primary teachers (1st cycle) |

16:15 > 16:45 – Coffee Break

16:45 > 17:30

Auditorium

ANDREW SAMPSON | Faculdade de Letras da Universidade do Porto (FLUP)

Cognitive Discourse Functions in CLIL: developing and trialling assessment rubrics

This workshop will focus on the development of assessment rubrics for evaluating the Cognitive Discourse Functions (CDFs) of primary and secondary CLIL learners. Participants will practise applying the rubrics to learners' language, and preliminary results will be presented from an Erasmus+ study into the development and application of rubrics.

| **Workshop** – Methodology, CLIL, assessment – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18 |

16:45 > 17:30

Room 1

SUSANA FERREIRA | Agrupamento de Escolas Abel Salazar

Unlocking Learning: The Power of Educational Escape Rooms in Language Teaching

In this session we will explore the immersive, engaging, and interactive nature of educational escape rooms for language learning. We will see how they foster teamwork, problem-solving, and enhance language acquisition.

| **Talk** – Methodology, Classroom activities – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18, Teachers of adults |

17:30 > 17:45 – Break

17:45 > 18:45

Plenary 2

SEA (CLAIRE) STEELE | ELTONIX

Learning to look: Using visual literacy skills in the classroom

Think of all the images that teenagers are exposed to every day. Teachers can help learners use critical thinking skills to 'read' these visuals and help develop different perspectives. Instead of always using written texts, let's motivate our students in more meaningful and engaging tasks that involve getting our learners to reflect, analyse, evaluate and communicate by 'reading' visuals.

| **Workshop** – Methodology, Classroom activities, Materials development – Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18 |

14th October | 09:00 > 18:40

09:00 > 10:00

Plenary 3: *Auditorium*

ANNA PIRES | APPI (Mindful EFL SIG)

Can I have your attention, please?

In this session, we will be looking at the brain science of attention and the implications for our classrooms. By incorporating mindfulness practices, we will be working on strategies that enhance and sustain attention, ultimately fostering a more productive and enriching learning/teaching experience.

| **Talk** – Methodology, Classroom activities, Mindfulness – ALL |

10:00 > 10:15 – Break

10:15 > 11:00

Auditorium

ANABEL REIS ALVES | Centro Britânico do Alto Minho

The ugly duckling – writing – a neglected skill?

Writing is a complex skill to develop and master but is often left by the wayside in early education. This session offers practical ideas to give learners opportunities to practice writing to learn and writing to communicate – helping them to find their way and personal identity-that of a swan.

| **Workshop** – Classroom activities, Teacher Training – Basic school teachers (2nd/3rd cycles) – sts' age: 10/15|

10:15 > 11:00

Room 1

HELENA OLIVEIRA | Colégio Moderno

Creating connections & fostering learning

In this session we're going to look at several speaking activities to be carried out in the classroom with our students (whole class, small groups or pairs). Speaking does not have to be the elephant in the room any longer.

| **Talk** – Classroom activities, Materials development – Secondary school teachers – sts' age:15/18|

11:00 > 11:30 – Coffee Break

11:30 > 12:15

Auditorium

CHAZ PUGLIESE | The Creative Teaching Hub

Helping students stay focused – part 1

Catching our students' attention and helping them sustain it throughout the lesson has always been a challenge for any teacher. The bad news for educators is that the attention span has been shrinking, and as a consequence, our students are more easily distracted and can't focus. In this practical session, I will share a few sure-fire activities we can use to get our students concentrate on the lesson and be present mentally, not just physically.

| **Workshop** – Classroom activities, Teacher Training – ALL|

11:30 > 12:15

Room 1

ANA NUNES and DILA GASPAR | APPI

Motivating and engaging VYL

In this practical session we will share activities that could be used with pre-primary and lower primary students. Our objective is to boost learners' confidence to use language in a meaningful and playful way.

| **Workshop** – Classroom activities – Kindergarten/Primary teachers (1st cycle)|

12:15 > 12:30 – Break

12:30 > 13:15

Auditorium

CHAZ PUGLIESE | The Creative Teaching Hub

Helping students stay focused – part 2

Catching our students' attention and helping them sustain it throughout the lesson has always been a challenge for any teacher. The bad news for educators is that the attention span has been shrinking, and as a consequence, our students are more easily distracted and can't focus. In this practical session, I will share a few sure-fire activities we can use to get our students concentrate on the lesson and be present mentally, not just physically.

| **Workshop** – Classroom activities, Teacher Training – Kindergarten/Primary teachers (1st cycle), Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18, Teachers of adults |

12:30 > 13:15

Room 1

HELENA MOTA LOPES | Nova Ágora - CFAE; AE de Miranda do Corvo; CETAPS, FCSH (UNL)

Take 10 to talk!

Take 10 minutes to read a book (a picturebook). How can it be used to promote student talk? Getting inspiration from the principles behind the programme aLeR+2027, this session focuses on strategies to encourage independent reading for pleasure, talking and writing in English, promoting reading habits in the classroom.

| **Talk** – Methodology, Classroom activities – Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18 |

13:15 > 14:30 – Lunch

14:30 > 15:15

Auditorium

RÓMULO NEVES | EB 2, 3 Dr. Horácio Bento de Gouveia / APPI

MSAI – excuse me, what?...

This hands-on workshop will focus on *Medidas de Suporte à Aprendizagem e Inclusão* and aims at clarifying what we, as Teachers, are supposed to do regarding inclusive practices in the classroom. We will start by looking at MSAI and then some examples will be shared. Please note that this session will be delivered in Portuguese and in English.

|Workshop – SEN/Inclusive practices – Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18|

14:30 > 15:15

Room 1

SANDRA LUNA | IPP & Second Language

Raising Phoenix: Empowering Strategies for Challenging Students

Do your students need a motivation boost? In this interactive workshop we'll go over some strategies to better manage and motivate challenging students with hands-on activities, adaptable coursebooks, and mobile-based teaching. Rejuvenate your classroom approach and leave with fresh ideas for the upcoming school year. Join me for a session of classroom metamorphosis!

|Workshop – Methodology, Classroom activities, Classroom Management – Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18|

15:15 > 15:30 – Break

15:30 > 16:15

Auditorium

SHAWN SEVERSON | International House Porto

Picturebooks 4 Teens

Picturebooks provide leverage for language learning in YLs and VYLs. And teens?

|Workshop – Classroom activities, Materials development Basic school teachers (2nd/3rd cycles) – sts' age: 10/15, Secondary school teachers – sts' age:15/18|

15:30 > 16:15

Room 1

ADELAIDE ABADE and DIANA GOMES | Escola Secundária Eça de Queirós (ESEQ)

Empowering Tomorrow's Educators: A Collaborative Journey between ESEQ & FLUP

Escola Secundária Eça de Queirós is actively involved in the Initiation to Professional Practice (IPP) of FLUP's MA in Teaching English and Foreign Languages in the 3rd cycle of Basic Education and in Secondary Education. This session aims to share the work accomplished during the 2022-2023 school year and present activities rooted in Universal Design for Learning and a student-centred learning approach.

|**Talk** – Methodology, Classroom activities, Teacher Training – Secondary school teachers – sts' age:15/18|

16:15 > 16:45 – Coffee Break

16:45 > 17:30

Auditorium

Carlos Lindade | Faculdade de Letras da Universidade do Porto (FLUP)

Empowering EFL Learners through Service Learning

This workshop aims to share a practical overview on Service Learning as well as strategies and resources to integrate it to an EFL classroom. Participants will explore how Service Learning enhances language learning while fostering civic engagement. Join me to explore an engaging way to empower EFL learners, cultivate empathy, and make a positive impact.

|**Workshop** – Methodology, Classroom activities, Teacher Training – Secondary school teachers – sts' age:15/18, Teachers of adults|

17:30 > 17:40 – Break

17:40 > 18:40

Closing Plenary: *Auditorium*

TALLMAN THEATRE | Freelance

Motivating your students to talk more English!

Do your students need more confidence when speaking English? How can we motivate them? Stuart talks styles and techniques and performs scenes from his dynamic, educational and highly motivating brand of interactive theatre that guarantees to have even the least confident student talking in English – and enjoying it!

|Talk – Methodology, Classroom activities, Interactive, motivational theatre – ALL|

18:40

Closing session: *Auditorium*

SPEAKERS' BIODATA

Adelaide Abade has been working in the field of ELT for over 30 years. She is a tenured teacher at Escola Secundária Eça de Queirós (ESEQ) and a school mentor for MA students doing their Initiation to Professional Practice.

Ana Nunes has a degree in Modern Languages and Literatures - English/German, Complementary Studies in teaching English to 1st CEB and Post-Graduate Studies in School Libraries. She teaches English to 1st, 2nd and 3rd CEB, and also in Pre-primary. She is a school librarian and a member of the APPI Executive Board and the Coordinator of the APPInep Special Interest Group.

Anabel Reis Alves has many years of experience, teaching her that motivation and student engagement are key in language acquisition, with the help of technology, CLIL, and PBL. As the DoS of a language school and a coursebook coauthor with an MA in Applied Linguistics, she is involved in material writing and teacher training both in Portugal and Spain.

Andrew Sampson has taught English and trained language teachers at universities and language schools across Europe and Latin America. He currently teaches at the Faculdade de Letras at the Universidade do Porto, where he also participates as a researcher in the "Towards an Integrated Bilingual Model" Erasmus project.

Anna Pires is from the beautiful city of Toronto and has been an EFL teacher in Portugal for over 25 years. She worked for International House for 25 years and is a coursebook writer for Porto Editora, writing materials for Portugal and various African countries. She is co-coordinator of the APPI Mindful EFL SIG and she loves incorporating Mindfulness practises in her classes.

Carlos Lindade is a Portuguese Canadian ELT professional who has been heavily involved in teacher training and writing course material for Portuguese EFL students. He is currently a full-time lecturer in the Faculty of Arts and Humanities of University of Porto (FLUP).

Chaz Pugliese is a presenter, author and trainer, working out of Paris. His main interest is the impact of Creative Pedagogy on the students' motivation. Chaz's latest book was published by Helbling in 2017 (Creating Motivation).

Diana Gomes is waiting to present her Viva to conclude MA in Teaching English and Foreign Languages in the 3rd cycle of Basic Education and in Secondary Education. She completed her teaching practice in ESEQ in the 2022/2023 school year.

Dila Gaspar holds a degree in Portuguese/English, CELTA, Post-graduate degree in English Studies. She is a teacher and a teacher trainer and has been teaching English to all ages and levels since 2002. She is interested in using stories and arts & crafts in the classroom and is a translator of children/teen books.

Helena Lopes is an EFL teacher in the 3rd Cycle of Basic Education and in Secondary Education in state schools. She is also a teacher trainer. She holds an MA in English Studies and a PhD in the field of Languages, Literatures and Cultures, area of specialization in Foreign Language Didactics.

Helena Oliveira holds a degree in Modern Languages and Literature, and a master's degree in English Didactics. She is particularly interested in teacher training, methodology, and materials development. She teaches 10–17 year-olds at Colégio Moderno (Lisboa).

Nicolas Hurst was a lecturer in English Language, Linguistics, Culture and ELT Methodology at the Faculty of Arts and Humanities, the University of Porto, Portugal. He has published numerous articles/chapters in various European countries and the USA. He is a regular speaker at local and international conferences.

Romulo Neves or Rom tends to be a man that cannot sit still for long... That's why he works as a teacher of English and Special Educational Needs at a Lower Secondary School and also as a Guest Lecturer at Fernando Pessoa University. Currently, he is based in Madeira Island, he is passionate about Education, and strongly believes that educators can change the world for the better.

Sandra Luna, an experienced English teacher for over 25 years, enjoys working with teens and university students. She's passionate about inclusive teaching, especially for students with ADHD and neurodevelopmental disorders. Currently teaching at Politécnico do Porto, she's pursuing a Doctoral Program in Language Sciences.

Sarah Narciso I have a strong interest in teacher training and educational research. I was born in London and have dual nationality but have lived in Portugal for the past 17 years. My career path has been in primary school education, art and teacher training.

Sea (Claire) Steele has worked as a teacher, trainer, manager, and consultant worldwide and is one of the co-founders and directors of eltonix, an educational consultancy focused on teacher development and student empowerment. They are particularly interested in developing critical and creative thinking, visual literacy skills, exploring social justice themes in the classroom, and supporting students who are gender diverse. Sea (they/them) has worked as a teacher and teacher educator in a number of countries and now lives in Portugal.

Shawn Severson always exploring new ways to promote student interaction, is constantly looking to develop materials with rich learning content, whatever the level. As a teacher trainer and materials writer, he strives to help teachers unlock their creative potential and to share ideas for a dynamic classroom.

Susana Ferreira holds a Master's Degree in Teaching English and Spanish (FLUP). She has worked as a language teacher in different schools, both private and public, since 2000. Last year she started collaborating with FLUP as a student teacher trainer at her school, Agrupamento de Escolas Abel Salazar. She has also delivered some presentations to teachers on how gamification and educational escape rooms can help motivate and engage students.

Tallman Theatre Stuart McDonald has worked for over 25 years in the world of theatre for English learners. He has toured all over Europe, as writer/director/actor with Clever Pants. He now performs his unique one man shows that focus on total audience participation. He is also a published children's author.

APPIFORMA



A oferta de formação e o plano de formação acreditada para 2023/24 estão disponíveis no [website](#) da APPI.

Para contratualização, calendarização e localização de ações de formação e outro tipo de informação é favor contactar Sónia Ferreirinha, Diretora de APPIforma, para:

appiforma@appi.pt ou Tlm: 96 957 0805

GENERAL INFORMATION

Seminar venue

Ground Floor and **Floor 1**

Reception desk

opens at 13:00 in **Ground Floor (13th)**

opens at 08:00 in **Floor 1 (14th)**

Bookshop and ELT Resources Exhibition – (Floor 1)

Simphonia das Letras

TallMan Theatre

Education Group

Calliope Theatre Company

Lunch on 14/10

lunch break: 13:15 – 14:30

plenty of snacks and restaurants close to the school

Coffee breaks

Ground Floor and **Floor 1**

Parking

Friday – outside the school

Saturday – outside and inside the school

Don't miss raffles at the closing session
Seminar for the **37th Annual Conference “The
Future of Education: EFL Challenges”**,
10, 11, 12 May, at Altice Forum Braga.

THANK YOU

APPI would like to express their thanks to:

Escola Secundária Eça de Queirós

Teachers: Adelaide Abade, Maria das Dores Silva and Mónica Antunes

Students: Afonso Amorim, pianist (12ºD); Mariana Maia, ballerina (12ºA)

Curso Profissional Técnico de Multimédia: Diana Pinheira and Bruna Pereira (12ºN)

Ensino articulado: Gonçalo Costa, trumpeter (12ºH); Leonor Eiras, opera singer and João Vieira, pianist (12H)

Câmara Municipal da Póvoa de Varzim

Leirilivro

Calliope Theatre Company

Associação Pró-Música da Póvoa de Varzim

Speakers

School staff

Delegates

The Seminar helping team

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